

Little Hadham Parish News

February 2011

THE HADHAMS HISTORY SOCIETY

We are pleased to announce the formation of The Hadhams History Society.

Our first meeting will be on **Monday, 14th March** in the Congregational Church Hall, Much Hadham.

Stephen Ruff, author of *A walk through Much Hadham, A walk through Little Hadham and Another walk through Much Hadham*, will be giving a talk on the Hadham Railway Station and the Buntingford Branch Line.
Doors open 7.30pm for an 8.00pm start.

Talks will be held throughout the year. Our meetings are to encourage the study and interest of the two parishes, particularly buildings, social history, landscape and distant history.

We will be organising walks around the parishes to appreciate the architecture and landscape of this beautiful area.

Meetings will be monthly, at venues in Little and Much Hadham.

Membership is £7.00 per annum with a fee of £2.00 for non members at any talks. For membership contact Mike Smith 01279 771568 or Barbara Green 01279 842352.

Rector of Parish: Revd. Chris Boulton
01279 842609

e-mail: rectory@muchhadham.com

Asst. Priest: Revd. Clive Slaughter
01279 844955

e-mail: cp.slaughter@virgin.net

Churchwardens: Don Gibson 01279 771325, Tony Skidmore 01279 771688

Log on to www.thehadhams.com for issues dating back to May 2006

Letter from the Rectory

Christmas is over, and it has been a hard and cold winter. I am preparing to take a short holiday in Madeira; and hopefully recuperate from the longest illness I have had for some years. Before the festive season began I contracted a sinus and bronchial infection that has refused to go away, and keeps returning. In this I am not alone. Many people in our parishes have suffered from some infection or another; and only this week two children and a young adult, who I know, were struck down with flu.

For someone reasonably fit like me it is mainly an inconvenience to be ill and slows down my ability to work effectively; but for some vulnerable adults, especially the frail elderly, it can be a far more serious problem. Therefore I have been careful not to visit the sick and elderly when I think I am carrying infection. However it is impossible to avoid all social contact.

This bears no comparison to, (for example), the cholera in Haiti, the AIDS epidemic in Africa, or the sufferers in Pakistan after the floods. Indeed I visit so many people at home and in hospital suffering serious and long term illness, facing their ordeal with immense courage and dignity, that a little seasonal illness seems a trivial matter. Nevertheless it does strike me that all illness can be a test, making the ordinary things of life and work harder. It is as if there is an enemy within trying to overcome your body's resistance and remove all hope and energy.

To this extent it is a spiritual challenge also; for when the body is low, the spirit can be made low too. That is why those who really suffer and yet manage to keep their spirit high, encouraging others, are such an example to us. Christians have always recognised the link between physical and spiritual health: therefore we pray for people who are ill; not only that they might be healed and made well, but equally that their spirit may remain strong and hopeful under suffering, and their faith may be secure through the power of Christ.

A very healthy new year to all.

Chris Boulton

Neighbourhood Watch Update

Folks please be aware that we have thieves targeting Little Hadham at the moment intent on stealing building materials, plant and machinery. If you or someone you know is carrying out a building project please take care and make sure materials & machinery is securely looked up when site is left unattended. As always never approach a suspect; gather information discretely and pass to the police. If you want to be included on my list of contacts re. Neighbourhood Watch updates please e-mail me at cam2403@hotmail.co.uk.

Hello & Welcome

Friends & neighbours in Cradle End extend a warm welcome to Nick, Evangeline, James & Alec Fisher our newest neighbours who moved into their new home just before Christmas. Hope you all enjoy living in our village as much as we do!

Carmela

A Prayer for the New Year and reflections on the past year

On Sunday 2nd Jan I was in the Lake District with Elspeth and we attended a service at the Kendal Unitarian Chapel in Kendal. I was moved by the sincerity of the Minister the Rev Celia Cartwright's opening prayer. Celia has given me permission to share this prayer with you through our Parish News.

"As we enter this new year, we may reflect on the past year, with all its ups and downs, all its successes and defeats. There will be joys to remember and sorrows to hold. There will be achievements to celebrate and failures to contemplate. Plans we have made and fulfilled, others that have fallen by the wayside. Let us hold tenderly and gently all these things in our hearts and minds, forgive ourselves for those things not done and congratulate ourselves for those things we have done well.

Let our soul's sincere desire be to make the best use of the coming year, may we take each moment and use it well. May we be gentle with ourselves and others when bodies and souls need rest and may we stride out boldly when opportunity calls us to extend ourselves, and encourage others to make the most of every moment.

May our prayers lead us to take the light of our faith out into the world, to live as we pray, to live and love with joy and wonder. AMEN."

Tony Skidmore

Little Hadham Fun Run

Little Hadham Parish Plan Group is delighted to announce that this year's 10k & 5k Fun Run will be held on Sunday 12th June. We are busily planning a day to remember and hope very much that the whole community of Little Hadham will come together on this special day! So all you runners out there start training hard! All you walkers start your fitness regime NOW! All our marshalls & helpers we need you to say "YES", as always! Everyone else join in; come out and cheer the participants on! Only with all your support will our endeavours be rewarded – together we shall succeed! We will update you with news of the progress of our planning each month so watch this space and please make that a date – Sunday 12th June!



Calling all keen photographers

This year, as an added attraction, Little Hadham Parish Plan Group would like any keen local photographers to take photos throughout the Fun Run event. A prize will be awarded to the winning photographer and their photos will feature in the Parish News! So, fancy yourself a bit of a "hotshot"? Ready to capture that special moment? Contact Mike Smith 01279 771568 for more details.

SSE News

Stansted flights hit ten year low – and worse to come

News today (12 January) that flights in and out of Stansted have hit a ten year low has prompted Stop Stansted Expansion (SSE) to reiterate its call for BAA to commit to a long term moratorium on a second runway at Stansted.

In 2010, the airport handled 143,335 commercial flights compared to 146,500 in 2000. The number of passengers handled also continued to decline, dropping 7% last year to 18.6 million passengers compared to 20.0 million passengers in 2009. At its peak in 2006/07 just over 24 million passengers passed through the airport.

There were some unusual circumstances last year, including the Icelandic volcano problem in April and adverse weather both at the start and at the end of the year. Surprisingly however, BAA has told its investors that it expects a further decline at Stansted during the current year. It expects to lose another million travellers, with throughput falling to 17.6 million passengers in 2011 – half the level permitted on the airport's single runway.

SSE believe that within this context a commitment to a long term moratorium by the airport operator must now be given, not least since it would help restore community relations, cited by Stansted's new managing director Nick Barton as firmly on his priority list. It would also give those considering purchase of properties owned by BAA which are to come onto the market shortly greater confidence in their investment which would in turn regenerate the local community.

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Nature Notes: December/January

Jonathan Forgham



A quiet month, nature wise, with the weather beginning to improve and a marked increase in temperature towards the end of the recording period (17th Dec – 18th Jan).

The temperature rise encouraged a few resident birds to begin their singing, with a robin and great tit being particularly vociferous in my garden. Other signs of approaching spring were 3 tawny owls calling from Bluebell Wood, opposite the Nag's Head and several great spotted woodpeckers "drumming" their territorial notes. The tawny owl is one of the earliest breeders within the parish, often being on

eggs by mid February, so their courtship begins in earnest as from mid January. Normally, 2 eggs are laid, with the first one hatching a couple of days before the second. Basically, the 2nd juvenile is an insurance policy so that, in the case of a lack of food, the elder owl will be fed whilst the sibling will be left to starve and in turn, become food for the first bird to help it survive into adulthood. Nature can be tough!

On local walks it was much the same as last month, with one or two exceptions. The highlight for the month was managing a reasonable photograph of a local little owl (shown above). This was discovered in the large oak at the top of Brick Kiln Hill on the 20th Dec, with over 45 minutes spent trying to manoeuvre myself into a suitable position. After 20 minutes I was just set up when the owl decided to move around to the other side of the trunk, necessitating a further 15 minute crawl through brambles and snow. However, the results were pleasing. Other notable birds that were observed were common buzzard (17th Dec. and after), bullfinch

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Check your receipts before leaving the check-out

This arrived by e-mail and seemed worth sharing. "I bought a bunch of stuff, over £150, & I glanced at my receipt as the cashier was handing me the bags. I saw a cash-back of £40. I told her I didn't request a cash-back & to delete it. She said I'd have to take the £40 because she couldn't delete it. I told her to call a supervisor who came & said I'd have to take it.. I said NO! Taking the £40 would be a cash advance against my credit card & I wasn't paying interest on a cash advance! If they couldn't delete it then they would have to delete the whole order. So the supervisor had the cashier delete the whole order & re-scan everything. The second time I looked at the electronic pad before I signed & a cash-back of £20 popped up. At that point I told the cashier & she deleted it. The total came out right. The cashier agreed that the electronic pad must be defective.

"Obviously the cashier knew the electronic pad was defective because she NEVER offered me the £40 at the beginning. Can you imagine how many people went through before me & at the end of her shift how much money she pocketed? Just to alert everyone. My co worker went to Milford, Sainsburys last week. She had her items rung up by the cashier. The cashier hurried her along and didn't give her a receipt. She asked the cashier for a receipt and the cashier was annoyed and gave it to her. My co worker didn't look at her receipt until later that night. The receipt showed that she asked for £20 cash-back. **She did not ask for cash-back!**

My co-worker called Sainsburys who investigated but could not see the cashier pocket the money. She then called her niece who works for the bank and her niece told her this: This is a

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Nature Notes, *continued from page 5*

(17th and 21st), common gull (22nd), sparrow hawk (5th), great black backed gull (15th Jan) and siskins (16th).

The siskins have returned to the alders on Ash Valley Golf course, near the 6th tee. Another bird flock that I hope returns to the parish is the flock of waxwings that were reported to me. These were witnessed in Albury Road between Christmas and New Year, but had clearly moved on when I visited in January.

Other interesting sightings featured mammals, with a superb fox seen east of the village, several muntjacs and 1 stoat. I spent a couple of hours on the 23rd Dec. wandering snowy paths and fields looking for signs of mammals and found 2 badger trails, 1 weasel track, endless rabbit markings along with 2 hare prints; the latter being on the golf course.

I spent the evening of the 19th December, in minus conditions, searching for owls. None were observed: 1 tawny and 1 little owl heard, but I did visit several sites that I know can hold owls. Here, I came across recently left owl pellets, showing that they are indeed still present.

The best part of the evening was a glorious sunset, making the journey out into -3°C more than worthwhile. The view shown here was taken south of the Ford, looking south west.



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Nature Notes, *continued from page 7*

Regarding my proposed yellowhammer survey for January, I needed to put this on hold as the very cold snap towards the end of the year has made many of these colourful birds move on, so a quick visit to one site at the turn of the year proved singularly unsuccessful, with just one bird being recorded (shown here). I shall rerun this event on Sunday 20th February, meeting at the Village Hall at 10am. The survey should be completed no later than 1pm. All welcome and no knowledge required. Please e-mail jforgham@theprimaryworks.com to let me know of your interest. Many thanks.



Socks!

We have just delivered 209 pairs of socks to Jimmy's Night Shelter for the Homeless in Cambridge. So, thanks to the generosity and thoughtfulness of Little Hadhamites there will be warm feet on the streets of Cambridge this New Year. Don't forget – socks (clean and free from holes) are welcome to my doorstep all the year round, so please keep them coming. Thank you all very much and best wishes for 2011.

Ann Clayton, Ashford House

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Kyokujitsu Kyokushin Karate Club

Going from strength to strength in 2010

Come and be part of this thriving club in 2011!

The Club started off 2010 in style by finishing top of the medals table at the East Anglian Championship in March amassing an amazing total of eighteen trophies, including six Championship titles. We then missed out on club first place at the GB Championships by just one point although we achieved three British Champions, Jamie Petch, Benjamin Petch & Zac Jeffery, at the tournament as well as one silver and three bronzes. I am hoping that our three GB Champs will have a chance to compete in Europe this year which will be a tremendous achievement for the club and Little Hadham. On a personal level, I was extremely excited to achieve my second dan black belt in July after a gruelling weekend of training (day and night) culminating in a 30 man kumite (30 continuous fights against a fresh opponent every minute) – several impressive bruises at the end of it all but certainly worth it.

We celebrated our fifth birthday in September and I am immensely proud of how much we have progressed, achieved and grown during that time. As well as our original Wednesday afternoon session (5.00pm-6.00pm) in the Village Hall which is mainly aimed at children (and parents too!), we now have a Monday evening session in Albury School Hall (6.30-7.30pm for juniors, 7.45-9.15pm for adults/teens). On Wednesday evenings we hold an intensive, informal fitness session from 7.00-8.15pm in our 'Barn Dojo' – although this was originally designed as a fight specific fitness training session for my karate adults/teens, the majority of people attending this session are now 'non-karate' villagers who have found that it provides an excellent all-round fitness workout. On Saturday mornings (10.00am-11.00am) the 'Barn Dojo' also plays host to our 'Fight Club' – again, although originally set up specifically for my karate students to hone their fighting skills, this session is fairly informal and open to anyone

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Keeping Fit over Fifty in Standon

Local residents are being encouraged to improve their health and wellbeing with a new over 50s exercise group at Standon Village Hall. The group, which commenced on 17th January, will be running a regular slot every Monday from 1pm - 2.30pm. Each week a qualified instructor will lead the group to introduce a wide variety of exercises and activities including low impact aerobics, circuit based training, exercise to music, gentle stretching, badminton, table tennis, indoor curling and much more. At just £3.50 these sessions represent very good value for money.

The session which forms part of a countywide programme called Active Together has been made possible with funding from Hertfordshire County Council's Adult Care Services.

Programme Manager, Joe Capon of Herts Sports Partnership said, "This new group provides a great opportunity for local residents to get active. In later life, generally, we undertake less physical activity which can lead to ill health and associated problems. However, minor changes to ones lifestyle, including an increase in exercise can bring about significant improvements to quality of life. These types of sessions are proving very popular in other parts of the county as not only do they give participants an opportunity to undertake some age appropriate exercise, but the emphasis is very much on social interaction and fun in a friendly setting".

Anyone wishing to know more about the Active Together programme should visit [www.sportinherts.org.uk/50 activities/](http://www.sportinherts.org.uk/50_activities/) or contact Joe Capon (tel. 01707 281004, E-mail: j.capon2@herts.ac.uk).

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Rural Ramblings

by Cherry Mardell

It's been a month of change. Christmas in Devon (so rural it makes Little Hadham look like London's Oxford Street). Snow up to the top of our boots. Roads, off the motorway, solid ice. Only a 4 x 4 could make it to our destination. Home again to freezing temperatures. Worries about the alpacas that don't seem to fare too well in all that cold. Try singling out last year's runt to give extra special feed. Impossible! Who knows which feed bowl he will eat from each day? Other alpacas doing very well on it. The runt stays small and needy. Weather improves. Our six new chickens lay beautiful brown eggs. The other 16 stop laying – out of spite?

We begin our promised January make-over of part of the house. It has been ten years since we did renovations. This month we aim to push up the living room. So it was a new carpet (not so difficult) and then a new settee (not easy toning it in with the colours of the huge inglenook and the carpet!) But the curtains – choosing them was a nightmare. I liken that job to having teeth pulled without an aesthetic! How do I know if the material I choose will look right with everything else? We'll know this month when they arrive!

Then there's the fox. He claimed two of our newest chickens the other day. We currently have fox patrol every evening at dusk. So far, so good. But now he knows they are all there for the grabbing, it's only a matter of time before the rest will go.

We also acquired a new dog from the local rescue home. She is the double of our last, much loved, Daisy. However, her temperament is totally different. She adores Himself – and hates all other men. She tolerates me, loves my female friends, and has to be coaxed not to growl and bark at every other man who steps our way! In the house, she is perfect. Outside, is a very different matter. She chases cats, chickens and alpacas and doesn't much like other dogs. At three and a half, her former life was as a townie in outer London. Chances are she had never had close contact with other animals.

The fields are wet, the outlook bleak. The animals are eating us out of house and home. And to cap it all, the alpaca shelter has just blown over, narrowly missing the main road.

Oh, the joys of country living!

SSE, continued from page 4

SSE has been pressing for such a commitment since news that BAA was scrapping its "G2" second runway plans last May, when it also made representations to the company's chief executive to sell back approximately 250 homes bought up in connection with the application. It also raised the issue with Transport Minister Theresa Villiers at a Westminster meeting in November.

Commenting on the 2010 figures and the outlook for the future, SSE campaign director Carol Barbone said: "It's hard to believe that just eight months ago BAA was still pursuing its planning application to make Stansted a two runway airport bigger than Heathrow today, wasting millions of pounds in the process. Even now the company still insists that it hasn't abandoned its ambitions for a second runway despite the blight and unhappiness this continues to cause in the community. What better opportunity to restore community relations and faith in BAA than to give the long term guarantee of no second runway which is so sorely needed?"

What's on in February ...

in the Village Hall unless otherwise stated

There is no Garden Club meeting in Feb

1 Tue Parish Council, 8pm. Everybody welcome to see how your village is run.

3-10 Mellow Yellow Charity Art Exhibition

In aid of Isabel Hospice and in partnership with Artshed Arts Centre, Westmill Farm, Westmill Road, Ware, SG12 0ES Private View 3rd February. All paintings to be sold @ £75 each - 30% of which donated to Isabel Hospice. Info Lyn Andrews Tel. 01920 466446 e-mail enquiries@artshed-ware Isabel Hospice contact, Barbara Doherty, 01279 842140.

3,17 Thu Mobile Library Details on p13.

5 Big Band Dance Night for Isabel Hospice. Tickets £20 from 01707 265333 or 01707 658531.

8 Coffee Morning for Isabel Hospice, 10:30-12 Markwell Pavilion 755320.

8 Social Club Annual Supper. For those who have pre-booked only.

13 Sun Antiques Fair 9.30 - 4pm. Free entry with ad in this issue! Next one not until 8th May, so don't miss out.

17 Thu 'The Way Inn' coffee morning, 10-12 noon. See next page for details.

20 Sun Yellowhammer Survey, meeting at the Village Hall at 10am. Please e-mail jforgham@theprimaryworks.com if you are interested in coming.

22 Tue MH Horticultural Soc and Allotment Club Afternoon Talk, Much Hadham V Hall, 2.30pm. An Illustrated talk by the very popular June Crew entitled 'Lee Valley Park' Admission Free to members - Visitors £2 Refreshments and Raffle. Please come along and bring a friend to what will once again be an enjoyable afternoon talk.

26 Sat Farmers' Market, 8.30 - 11.30am.

Loads of lovely grub, not forgetting the cooked breakfast.

26 Sat Jumble Sale - Thundridge 2:30 - 4:30 Thundridge Village Hall. 20p entry. Come and grab some bargains. Details 01920 462992.

Sorry if your copy of this month's Parish News is decorated with black streaks and other random marks. Hopefully there will be a new part for the printer by next time. Jan

Table Top Sale

Saturday, 19th March
Little Hadham Village Hall
10am - 1pm (sellers 9am)
Tables £10 and £5.
Contact Ennis on 658585
to book a table

... and after that?

Mar 14 **Hadhams History Society**, See cover.

Mar 15 **MH Horticultural Talk**, 8pm, Hopleys.

Mar 19 **Social Club Table Top Sale.**

Mar 19 **Prime Brass** see p13.

Mar 24 **Garden Club AGM.**

Mar 26 **Isabel Hospice Midnight Swim** 10pm. Info 01707 382500.

April 20 **Over 60's Fun Night**, Standon & Puckeridge Community Hall **not** Standon Village Hall as stated in last month's Parish News.

June 12 **Fun Run.** Article on p3.

July 2 **St Cecilia's Mid-Summer Concert.**

Braughing Music Society -

Prime Brass

**An evening of classical and
lighter music by a 10 piece
brass ensemble**

**Saturday 19th March - 7:30 pm
St Mary's Church, Standon**

(Please note change of venue)

TICKET PRICES

£12 Premium; £10 Standard

Telephone Box Office: 01763 289073

www.braughingmusicsociety.co.uk

The 'Way Inn'

**Come and meet friends
and neighbours over
a cup of tea or coffee.
Rear of village hall,
third thursday of the
month, 10 - 12noon**

3rd & 17th February Mobile Library

Nag's Head from 13.45 - 14.05

The Smithy from 14.10 - 14.30

Bury Green from 14.45 - 15.05

A fortnightly service.

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Little Hadham & Albury Garden Club

No meeting this month but the AGM is Thursday 24th March when we are having a seed swap, a glass or two of wine and eating nibbles.

What a Winter... We must be optimistic and start looking forward to spring, there are signs of it in the gardens already. Some bulbs are showing and there is a hint of plants waking up. Jobs to do this month for the keen gardeners include preparing the soil in the vegetable patch and covering it with polythene to warm the soil, autumn fruiting raspberries need to be pruned to ground level, clear out and wash the glass in the greenhouse, top dress any outdoor containers and deadhead winter flowering pansies. Remember, most jobs are reliant on the weather so make the most of any dry days. Happy Gardening

Little Hadham & Albury Social Club

Those who came out on a cold, damp January evening, to watch a demonstration of Belly Dancing were enchanted with the elegance of the dance. Samirah explained the history of Belly Dancing and she and her pupils danced for us – a few of us tried a few moves! Historically, the dress was floor length and the head was covered; the skimpy costume now worn, leaving the midriff bare, was designed for the film world. Samirah holds numerous classes in the area, details can be found on bellybelles.co.uk.

On 8th February we are holding our annual supper in the Little Hadham Village Hall, for those who have pre-booked.

To book a table at the sale on Saturday, 19th March, please contact Ennis on 658585.

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Little Hadham School

Believing and Achieving

Our 'Make your pound grow' project has really got our young 'Apprentices' in a spin!

Through our P.S.H.E. work on 'Going for Goals', we have given every child a £1 coin for them to show their entrepreneurial skills to make it grow! Although some of our younger pupils think they actually need to plant it, many of the children are demonstrating that they have what it takes to become the next Lord Sugar! They have till the end of February to make their profits and whatever they make-they can choose how to spend in school. A real incentive!

Unfortunately, on a more down to earth issue, I have received several complaints from local parents about the state of the pavements outside school. Please can local dog walkers be mindful of our little ones and ensure that they clear up behind their dogs, thank you.

Thank you for your continued support.

Liz Stockley, Headteacher

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Check your receipts before leaving the check-out, *continued from page 6*

new scam going on. The cashier will key in that you asked for cash-back and then hand it to her friend who is the next person in the queue."

Please check your receipts right away when using credit or debit cards! This is NOT limited to Sainsburys; they are one of the largest retailers so they have the most incidents.

Another case: *"My husband and I were in Sainsburys and paying with credit card when my husband went to sign the credit card signer he just happen to notice there was a £20 cash-back added. He told the cashier that he did not ask for nor want cash-back and she said this machine has been messing up and she cancelled it. We really didn't think anything of it until we read the above e-mail."*

How many "seniors" have been, or will be, stung by this one?

To make matters worse ...This scam can be done anywhere, at any retail or wholesale location.

Before leaving the check-out– check your receipt!

This could happen anywhere. Check your receipt before leaving the stand. I've seen people do just that, now I'll start!

Tell your friends and loved ones about this.

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RSPCA News!

I became involved with the Herts East Branch of the RSPCA in the 1980s, helping the then Auxiliary, Mrs. Lesley Hope, with fund raising. I took over The Hadhams Auxiliary when Mrs. Hope retired in 1992 and continued until a few months ago, when I learned that The Hadhams are now part of The Stort Valley Branch. I am not able to fund raise in my home area now, as a Member of Herts East that is, but I have taken over the vacant Hertford Auxiliary. Any money I am able to raise will still be paid into the Herts East Branch and all of it used to help animals in our area.

Many of you have kindly donated items in the past and, if you are still willing to do so I am happy to collect and will be continually grateful for your support. This year, with your help, I was able to bank £345.90. Many thanks.

My best wishes to you all for a Happy, Healthy and Peaceful New Year.

Ennis Rogers Tel: 658585

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Down at the Doctor's

Flu what flu?

So far in our practice area we've not seen too much influenza. It's certainly around but not in the near epidemic proportions predicted by the Department of Health from when people went back to work and kids back to school. We also, along with a lot of other practices, ran out of vaccines which was a bit tricky given all the media hype! Further supplies were soon forthcoming, however, allowing us to offer and vaccinate more patients from the at risk groups. We're not out of the woods yet, though, so it's important to be vigilant, follow the advice available from radio/tv/newspapers and from the surgery, and get vaccinated if you so qualify.

*I understand that some patients have encountered problems ordering repeat prescriptions by e-mail. We think this is because the dot isn't being inserted between much and hadham so please remember; it's **much.(dot)hadham@nhs.(dot)net**. We still have plans for a website which will add another option when ordering.*

Unfortunately we've encountered a hitch in our extension plans relating to the health centre lease. We're hopeful that this can be resolved so "watch this space!"

Paul Haimes

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Repeat prescriptions

How to order your repeat prescriptions from Much Hadham Health Centre:

1. By post
2. By using the existing drop-in-box just inside the main door
3. When you collect your medication from the dispensary, by completing the right hand strip and leaving it with us (this option is also available to those collecting from the branch surgeries)
4. By fax on 01279 843973
5. By e-mail (much.hadham@nhs.net)

Make sure you type in both dots!

Bishop's Stortford Police Station Opening Times.

Monday:	12.00pm-4.30pm
Tuesday:	CLOSED
Wednesday:	CLOSED
Thursday:	2pm-11pm
Friday:	7am-Midnight
Saturday:	7am-Midnight
Sunday:	10am-8pm

CLOSED BANK HOLIDAYS

Grow a Pound

6, 13 and 20 Feb Freshly-made bread rolls, muffins, cupcakes and treats for sale by Poppy Wynn (age 5) at Rosemary Cottage, The Ford LH. between 2pm and 4pm.

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Regular events

in the Village Hall unless otherwise stated

Badminton: 8.00pm Mondays

Brownies: 4.30–6pm Tuesdays, term-time.

Judi Wheeler 654624

Carpet Bowls Club, Social and League:

8–10pm Fridays, Eileen Booth 771426

Farmers' Market: 8.30–11.30am, last Saturday of month. Geoff and Jan Williamson 771272 www.lhfm.org.uk

Garden Club: third Tuesday of the month.

Karate: 5–6pm Wednesdays, Catherine Petch, 771636

Mobile Police Station: 9–11 am first and third Tuesday, in the car park.

Parish Council first Tuesday of the month (except January and August) at 8.00pm.

Parent & Toddler group, 9.30–11.30am, Wednesdays, term-time.

LH Post Office: 9.00–11 am Tuesdays and Thursdays, rear of the Village Hall in the Doctor's Reception Room.

Social Club: second Tuesday of the month: 771580 or 658585 for information

Sunday School: second Sunday of the month 9.30am at St Cecilia's church.

"Way Inn" coffee morning: third Thursday of month, rear of Village Hall, 10–12 noon.

Whist Drive: Last Thursday of the month, 7.30pm start. Ross Barron, 07732 370923

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Karate Club, *continued from page 9*

wishing to learn/improve their fighting techniques or even brush up on some self-defence. I am certain that the majority of the village are totally unaware of the excellent well-equipped, fully matted training facility we have to offer right on their doorsteps which also comes with friendly, enthusiastic, individual tuition! On Friday mornings in the Village Hall I have started a Boxing Boot Camp class (9.00am-10.00am) involving circuits, bag work and other fun(!) exercises which promotes a lot of sweat and laughter too – I would like to emphasise that however hard I like to work my students, I do like them to enjoy themselves and have fun too and there would be little point if this was not the case – this is especially evidenced at the very friendly & lively Bums, Legs and Tums class I run at the Village Hall on Tuesday mornings (9.30-10.30am). The drop out rate of new recruits for gyms during January is about 30% - I am sure this is often due to the impersonal nature of many of the big gyms which leads to lack of focus and loss of enthusiasm. In Little Hadham we now have a wide range of classes and facilities which have grown from our thriving karate club – and also a fantastic, encouraging community spirit amongst us all. If you are interested in being part of this, please do contact me and/or come along and experience one of the classes for yourselves. I look forward to seeing you!

Senpai Catherine Petch

Registered Karate Instructor/Fitness, Circuit and Personal Trainer, 01279 771636,
07946 484498, catherinepetch@yahoo.co.uk

STOP PRESS!!!

Having run a Senior Ladies Fitness class for the U3A in Stortford since September, I am looking to start a similar venture for the over 55s in the Village Hall (men are welcome too but always a little reluctant it seems!). The Village Hall is pretty much booked most mornings but a lunchtime or early pm slot looks viable. Please contact me if you would be interested. Thanks!

Weekly Table of Club Events

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Albury Village Hall 6.30-7.30pm Kids 7.45-9.15pm Teens / Adults KYOKUSHIN KARATE!!!	Little Hadham Village Hall 9.30-10.30am Everyone BUMS, LEGS & TUMS!!!	Little Hadham Village Hall 5.00-6.00pm Kids / Parents KYOKUSHIN KARATE!!! *Barn Dojo* 7.00-8.00pm Teens / Adults EXTREME FITNESS TRAINING!!!	<i>REST DAY!!!</i>	Little Hadham Village Hall 9.00-10.00am Everyone BOXING BOOT CAMP!!!	*Barn Dojo* 10.00-11.00am Everyone FIGHT CLUB	<i>REST DAY!!!</i>

ADS REMOVED



Sunday School has started at St Cecilia's and begins at 9.30am on the second Sunday every month - next is 13th February.

We have a lovely, bright & child friendly meeting room forming part of the main church building.

Why not come along with your child?

For more info please contact Kate 842305, Judith 771146 or Kate 656518

A date for your diary

St Cecilia's Mid-Summer Concert Saturday 2nd July 2011 at 7.30pm

We have booked - the Herts and Soul Community Choir, who will be supported by the Four Hills Jazz Trio (who play at our Harvest supper each year) A number of our well known choristers from Albury and L Hadham sing in the choir!

More info to follow in the March Parish News.

Bryan Burton

Bryan Burton's family and many friends were present at St Cecilia's on 23rd December last when Bryan was laid to rest with his late wife Grace. Bryan's commitment to the Church where he had been Church Warden for 25 years, the village and to so many other local organisations, not least Hadham Hall School, was mentioned in tributes at his funeral by two of his four children, Kathleen and Jonathan. They gave their thanks to all those friends who kept a watchful eye on their father and baked him cakes and the occasional meal, following their mother's death.

Bryan was also the un-official village historian, a master wood carver, local bee expert (& honey supplier for most of us) and the man you went to see if you needed advice on building repairs, conservation or a troublesome wasp nest!

Much of his handiwork may be found in the village (the Millennium Sign), the Church, and at Hadham Hall. In past years he and Grace gave generously of their time to the Pantomime Group, the W.I., Parish News & so on, the list is endless. But Bryan will be remembered mostly for his involvement as woodwork & metalwork teacher and cricket coach at Hadham Hall School. His 'old boys' (and girls) as he called them, were represented at his funeral, wishing to pay their last respects to a true gentleman and skilled artisan.

Following his retirement from the school, more than 20 years ago, any proposed short trip into Bishop's Stortford could take him hours as he was frequently stopped by ex-pupils who wished to reminisce with their 'old teacher', update him on their progress or simply thank him for the guidance and example he set them in life.

He will be sorely missed by his children, grandchildren, great grandchildren and by so many friends and neighbours in this village and elsewhere.

February diary for Little Hadham and Albury

(part of the Ash and Quin Valleys' team incorporating Much Hadham, Braughing, Furneux and Stocking Pelham.)

2 Wed

8.00pm Little Hadham PCC in the Church Room.

4 Fri

Haileybury Music Concert "Winter Warmer" at St Andrew's, Much Hadham

7.30pm Tickets £5.00 and £2.00 for children. In aid of the Jennifer Trust (for young people with spinal muscular atrophy). Music suitable for all ages.

6 Sun

5th before Lent and Proper 1

9.15am Sung Matins at St Cecilia's, Little Hadham. Preacher: Canon Michael McAdam

9 Wed

8.00pm Deanery Synod meets at St Michael's, Bishop's Stortford

Theme: "Living God's Love" the Diocesan Mission. Open meeting.

13 Sun

4th before Lent Proper 2

9.30am Shared Communion and Sunday School at St Cecilia's, Little Hadham

5.00pm Taizé Service in St Andrew's, Much Hadham

20 Sun

3rd before Lent Proper 3 Septuagesima

8.00am Holy Communion at St Cecilia's, Little Hadham

9.30am Family Service in Little Hadham Village Hall

6.00pm Evensong at St Mary's, Albury

27 Sun

2nd before Lent Proper 4 Sexagesima

11.15am Shared Communion at St Mary's, Albury. Celebrant and Preacher: Chris Boulton
No Evensong at St Cecilia's, Little Hadham

There is a service of Holy Communion every Wednesday at 10.30am at St Andrew's

NOTICE BOARD

The funeral of Bryan Burton took place on Thursday December 23rd at St Cecilia's Church. It was attended by Jonathon, Michael, Rosemary and Kathleen, his children, and their families, along with many people from the village and surrounding community.

Bryan was remembered as teacher, craftsman, bee keeper, Churchwarden and family man. He contributed much to the life of the Church, and St Cecilia's benefited from his handiwork as craftsman and carpenter; including the Nave altar, made by him only a few years ago. Bryan was 88yrs and was laid to rest with his wife Grace.

Editor: Jan Finn, Ash Cottage, The Ashe, Little Hadham, SG11 2DX (771113) e-mails to htfp@clocktower.co.uk

All articles for inclusion; sponsorship; and payment for advertising in the next issue **must** be received by the **18th** of the month. (cheques payable to **Little Hadham PCC**)

Little Hadham Parish News is distributed free by St Cecilia's church